

Licensed to Wayzata Track Club Hy-Tek's Meet Manager 9/11/2006 12:20 AM
 Region 5AA Track and Field Championships
 Robbinsdale Cooper High School - 5/31/2006 to 6/2/2006
 Results

Girls 100 Meter Dash Class AA

8 Advance: Top 1 Each Heat plus Next 3 Best Times

Meet Record: R 11.88 2003 Kadeshia Fortune, Mpls. Washburn
 12.66 QUAL

Name	Year	School	Prelims	H#
Preliminaries				
1 Erica Rhodes	12	Edison	12.79Q	4
2 Alyssa Schulz	11	Maple Grove	12.87Q	2
3 Anna Mbali	10	Maple Grove	12.93Q	5
4 Jengeih Tamba	10	Park Center	12.94Q	3
5 Kelsey Conrad	12	Cooper	13.12Q	1
6 Susan Kenzie	10	Benilde-St.	13.09q	4
7 Jenna Ewing	11	Osseo	13.11q	5
8 Catherine Puckett	9	Benilde-St.	13.17q	3
9 Jennifer Negberi	10	Park Center	13.24	4
10 Stephanie Vanhoutan	10	Champlin Park	13.29	2
11 Ashley Dokken	9	Champlin Park	13.30	1
12 Janessa Lewis	12	Washburn	13.38	2
13 Carissa Dee	11	Maple Grove	13.45	3
13 Rosebud Tieku	10	Osseo	13.45	5
15 Meghan Forcier	9	Benilde-St.	13.49	5
16 Faison Olivia	9	Mpls South	13.56	1
17 Virleka Parker	9	Mpls North	13.59	3
18 Ciera Dotson	10	Roosevelt	13.63	3
19 Moriko Cohen	12	Champlin Park	13.65	1
20 Marika Paumen	8	Rogers	13.75	3
21 Lexi Grover	8	Fridley	13.89	1
22 Jam'ey Martin	12	Armstrong	13.95	4
23 Satoria Briggs	10	Patrick Henry	14.08	2
24 Emily Christianson	11	Osseo	14.10	1
25 Tia'lana Hunter	8	Edison	14.11	5
26 Angel Wleh	12	Armstrong	14.15	3
27 Kia Naitoh	9	Armstrong	14.21	4
28 Whitney Peplinski	9	Edison	14.32	4
29 Ali Barrangan	10	Fridley	14.56	5
30 Jennifer Hintz	10	Park Center	14.58	2
31 Keller-Washington Jameik	12	Mpls South	14.66	2
32 Ebony McCaskel	11	Roosevelt	14.74	2
33 Asha Baker	12	Mpls North	14.78	4
34 Kressi Lehn	11	Rogers	14.83	3
35 Marqueda Ratliff	9	Cooper	14.85	4
36 Amber Billmeyer	11	Cooper	15.51	2
-- Trisha Truchinski	10	Fridley	DQ	1

Girls 100 Meter Dash Class AA

Meet Record: R 11.88 2003 Kadeshia Fortune, Mpls. Washburn
 12.66 QUAL

Name	Year	School	Finals	Points
Finals				
1 Kelsey Conrad	12	Cooper	12.14 QUAL	10
2 Alyssa Schulz	11	Maple Grove	12.39 QUAL	8
3 Erica Rhodes	12	Edison	12.44 QUAL	6
4 Anna Mbali	10	Maple Grove	12.83	5
5 Jengeih Tamba	10	Park Center	12.87	4
6 Jenna Ewing	11	Osseo	12.98	3

7 Catherine Puckett	9 Benilde-St.	13.01	2
8 Susan Kenzie	10 Benilde-St.	13.14	1
Preliminaries			
9 Jennifer Negberi	10 Park Center		
10 Stephanie Vanhouta	10 Champlin Park		
11 Ashley Dokken	9 Champlin Park		
12 Janessa Lewis	12 Washburn		
13 Carissa Dee	11 Maple Grove		
13 Rosebud Tiekou	10 Osseo		
15 Meghan Forcier	9 Benilde-St.		
16 Faison Olivia	9 Mpls South		
17 Virleka Parker	9 Mpls North		
18 Ciera Dotson	10 Roosevelt		
19 Moriko Cohen	12 Champlin Park		
20 Marika Paumen	8 Rogers		
21 Lexi Grover	8 Fridley		
22 Jam'ey Martin	12 Armstrong		
23 Satoria Briggs	10 Patrick Henry		
24 Emily Christianson	11 Osseo		
25 Tia'lana Hunter	8 Edison		
26 Angel Wleh	12 Armstrong		
27 Kia Naitoh	9 Armstrong		
28 Whitney Peplinski	9 Edison		
29 Ali Barrangan	10 Fridley		
30 Jennifer Hintz	10 Park Center		
31 Keller-Washington	12 Mpls South		
32 Ebony McCaskel	11 Roosevelt		
33 Asha Baker	12 Mpls North		
34 Kressi Lehn	11 Rogers		
35 Marquenda Ratliff	9 Cooper		
36 Amber Billmeyer	11 Cooper		
-- Trisha Truchinski	10 Fridley		

Girls 200 Meter Dash Class AA

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 8 Advance: Top 1 Each Heat plus Next 3 Best Times

Meet Record: R 24.71 2005 Kadeshia Fortune, St. Louis Park
 25.75 QUAL

Name	Year School	Prelims	H#
1 Linnea Johnson	11 Armstrong	25.55QUAL	3
2 Erica Rhodes	12 Edison	25.82Q	2
3 Alyssa Schulz	11 Maple Grove	26.40Q	5
4 Anna Mbali	10 Maple Grove	26.60Q	4
5 Kelsey Conrad	12 Cooper	26.71Q	1
6 Whitney McCluskey	12 Edison	26.44q	2
7 Rachel Nerison	10 Maple Grove	26.52q	3
8 Jengeih Tamba	10 Park Center	26.88q	5
9 Alana Eason	9 Champlin Park	27.30	4
10 Brittany Dohmen	9 Rogers	27.84	2
11 Danielle Voight	9 Champlin Park	27.88	1
12 Lindsey Sathre	9 Osseo	27.97	1
13 Jennifer Negberi	10 Park Center	28.06	4
14 Autumn Buckley	8 Fridley	28.29	2
15 Cre Joyner	8 Washburn	28.34	1
16 Ciera Dotson	10 Roosevelt	28.74	3
16 Jordanne Greenup	10 Fridley	28.74	5
18 Asha Baker	12 Mpls North	28.94	2
19 Emily Christianson	11 Osseo	29.04	4
20 Meghan Forcier	9 Benilde-St.	29.38	5
21 Satoria Briggs	10 Patrick Henry	29.54	2
22 Ellie Hawkinson	11 Benilde-St.	29.63	5
23 Jasmine Johnson	9 Osseo	29.79	5
24 Kia Naitoh	9 Armstrong	29.82	3
25 Keller-Washington Jameik	12 Mpls South	29.87	3

26 Kendra Robinson	12 Edison	30.12	1
27 Chelse Guzek	8 Fridley	30.25	5
28 Caitlin Coleman	9 Rogers	31.09	2
29 Brigette VanSloan	12 Benilde-St.	31.40	4
30 Amber Billmeyer	11 Cooper	32.62	5

Girls 200 Meter Dash Class AA

Meet Record: R 24.71 2005 Kadeshia Fortune, St. Louis Park
25.75 QUAL

Name	Year School	Finals	Points
Finals			
1 Kelsey Conrad	12 Cooper	24.79 QUAL	10
2 Linnea Johnson	11 Armstrong	25.18 QUAL	8
3 Erica Rhodes	12 Edison	25.52 QUAL	6
4 Alyssa Schulz	11 Maple Grove	26.16	5
5 Anna Mbali	10 Maple Grove	26.25	4
6 Jengeih Tamba	10 Park Center	26.29	3
7 Rachel Nerison	10 Maple Grove	27.07	2
8 Whitney McCluskey	12 Edison	28.20	1

Preliminaries

9 Alana Eason	9 Champlin Park
10 Brittany Dohmen	9 Rogers
11 Danielle Voight	9 Champlin Park
12 Lindsey Sathre	9 Osseo
13 Jennifer Negberi	10 Park Center
14 Autumn Buckley	8 Fridley
15 Cre Joyner	8 Washburn
16 Jordanne Greenup	10 Fridley
16 Ciera Dotson	10 Roosevelt
18 Asha Baker	12 Mpls North
19 Emily Christianson	11 Osseo
20 Meghan Forcier	9 Benilde-St.
21 Satoria Briggs	10 Patrick Henry
22 Ellie Hawkinson	11 Benilde-St.
23 Jasmine Johnson	9 Osseo
24 Kia Naitoh	9 Armstrong
25 Keller-Washington	12 Mpls South
26 Kendra Robinson	12 Edison
27 Chelse Guzek	8 Fridley
28 Caitlin Coleman	9 Rogers
29 Brigette VanSloan	12 Benilde-St.
30 Amber Billmeyer	11 Cooper

Girls 400 Meter Dash Class AA

8 Advance: Top 1 Each Heat plus Next 3 Best Times

Meet Record: R 56.07 1999 Deborah Cordner, St. Louis Park
57.64 QUAL

Name	Year School	Prelims	H#
1 Whitney McCluskey	12 Edison	59.81Q	2
2 Brianna Olson	10 Osseo	61.21Q	3
3 Colleen Ruane	10 Benilde-St.	61.44Q	4
4 Kelsey Conrad	12 Cooper	61.79Q	1
5 Kate Sidlo	12 Osseo	62.09Q	5
6 Parker Melissa	11 Mpls South	61.52q	4
7 Abby Isaacson	9 Maple Grove	62.34q	2
8 Annsliie Rustad	10 Maple Grove	62.61q	3
9 Brittany Dohmen	9 Rogers	63.53	2
10 Danielle Voight	9 Champlin Park	63.68	1
11 Kellie Sorensen	8 Park Center	63.69	5
12 Stephanie Salem	11 Maple Grove	63.70	1
13 Elizabeth Schoff	10 Armstrong	63.88	2

14 Clare Slavin	12 Cooper	64.15	5
15 Jessica Brown	11 Armstrong	64.56	4
16 Alysha Domiano	11 Champlin Park	65.19	5
17 Kristianna Sather	10 Armstrong	65.38	4
18 Micaela Mathre	12 Osseo	65.49	3
19 Amanda Johnson	12 Champlin Park	65.53	1
20 Carinne Bueckers	10 Rogers	65.61	2
21 Jazzalyn Baker	9 Mpls North	66.42	5
22 Jennifer Hintz	10 Park Center	66.43	5
23 StockMo Jillian	9 Mpls South	67.82	3
24 Virleka Parker	9 Mpls North	67.85	4
25 Megan Coleman	9 Rogers	68.18	2
26 Haley Johnson	9 Cooper	68.76	3
27 Brittany Horshaw	10 Patrick Henry	71.92	4
28 Nicole Guerin	9 Benilde-St.	72.18	1

Girls 400 Meter Dash Class AA

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 Meet Record: R 56.07 1999 Deborah Cordner, St. Louis Park
 57.64 QUAL

Name	Year School	Finals	Points
=====			
Finals			
1 Kelsey Conrad	12 Cooper	58.00	10
2 Colleen Ruane	10 Benilde-St.	59.08	8
3 Whitney McCluskey	12 Edison	59.27	6
4 Abby Isaacson	9 Maple Grove	61.25	5
5 Annsliie Rustad	10 Maple Grove	61.96	4
6 Brianna Olson	10 Osseo	62.21	3
7 Kate Sidlo	12 Osseo	62.79	2

Preliminaries

6 Parker Melissa	11 Mpls South
9 Brittany Dohmen	9 Rogers
10 Danielle Voight	9 Champlin Park
11 Kellie Sorensen	8 Park Center
12 Stephanie Salem	11 Maple Grove
13 Elizabeth Schoff	10 Armstrong
14 Clare Slavin	12 Cooper
15 Jessica Brown	11 Armstrong
16 Alysha Domiano	11 Champlin Park
17 Kristianna Sather	10 Armstrong
18 Micaela Mathre	12 Osseo
19 Amanda Johnson	12 Champlin Park
20 Carinne Bueckers	10 Rogers
21 Jazzalyn Baker	9 Mpls North
22 Jennifer Hintz	10 Park Center
23 StockMo Jillian	9 Mpls South
24 Virleka Parker	9 Mpls North
25 Megan Coleman	9 Rogers
26 Haley Johnson	9 Cooper
27 Brittany Horshaw	10 Patrick Henry
28 Nicole Guerin	9 Benilde-St.

Girls 800 Meter Run Class AA

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 12 Advance: Top 3 Each Heat plus Next 3 Best Times

Meet Record: R 2:15.93 1999 Tanna-Marie Simmons, St. Louis Park
 2:16.14 QUAL

Name	Year School	Prelims
=====		
1 Heather Brunn	10 Rogers	2:22.32Q
2 Cassie Breitenfeldt	11 Fridley	2:24.86Q
3 Rachel Biederman	9 Maple Grove	2:31.45Q
4 Shaina Rasmussen	11 Armstrong	2:30.36Q
5 Kelly Lindsey	9 Osseo	2:32.47Q

6	Kristine Nachbor	10	Armstrong	2:32.63Q
7	Kelsey Hansen	11	Cooper	2:30.57Q
8	Molly Robinson	7	Osseo	2:32.70Q
9	Kate Wold	12	Maple Grove	2:32.97Q
10	Judi Motyl	11	Fridley	2:31.96q
11	Madison Sawyer	9	Champlin Park	2:34.57q
12	Kelsey Eder	9	Osseo	2:35.04q
13	Jenna Smith	12	Cooper	2:35.12
14	Ashton Lamp	9	Rogers	2:36.03
15	Kaylan Bailey	10	Maple Grove	2:36.88
16	Claire Rustad	12	Benilde-St.	2:38.15
17	Starr Laurel	9	Mpls South	2:38.20
18	Natilie Dance	11	Benilde-St.	2:39.06
19	Jenna Nelson	10	Benilde-St.	2:42.45
19	Vagts Jenna	9	Mpls South	2:42.45
21	Heather Anderson	12	Park Center	2:42.82
22	Maggie Fischer	10	Armstrong	2:44.06
23	Emma Dimond	9	Washburn	2:44.11
24	Maranda Hanson	11	Park Center	2:45.16
25	Rachael Okerlund	10	Washburn	2:49.72
26	Emily Helwig	8	Rogers	2:53.65
27	Ellen Hystead	12	Cooper	2:55.10
28	Ella Mokamba	12	Edison	3:03.80
29	Kyleen Strecker	9	Washburn	3:05.14
30	Ashley Schwaderer	11	Edison	3:13.63
31	Randa Ayoub	12	Edison	3:14.25
--	Bao Lee	10	Patrick Henry	NT
--	Vashti Pearson	10	Patrick Henry	NT

Girls 800 Meter Run Class AA

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 Meet Record: R 2:15.93 1999 Tanna-Marie Simmons, St. Louis Park
 2:16.14 QUAL

Name	Year	School	Finals	Points	
=====					
Finals					
1	Heather Brunn	10	Rogers	2:19.47	10
2	Cassie Breitenfeld	11	Fridley	2:23.02	8
3	Kate Wold	12	Maple Grove	2:29.45	6
4	Kelsey Hansen	11	Cooper	2:30.20	5
5	Molly Robinson	7	Osseo	2:30.37	4
6	Rachel Biederman	9	Maple Grove	2:30.70	3
7	Shaina Rasmussen	11	Armstrong	2:30.81	2
8	Kristine Nachbor	10	Armstrong	2:31.65	1
9	Judi Motyl	11	Fridley	2:31.76	
10	Kelly Lindsey	9	Osseo	2:32.25	
11	Madison Sawyer	9	Champlin Park	2:33.60	
12	Kelsey Eder	9	Osseo	2:36.25	
Preliminaries					
13	Jenna Smith	12	Cooper		
14	Ashton Lamp	9	Rogers		
15	Kaylan Bailey	10	Maple Grove		
16	Claire Rustad	12	Benilde-St.		
17	Starr Laurel	9	Mpls South		
18	Natilie Dance	11	Benilde-St.		
19	Jenna Nelson	10	Benilde-St.		
19	Vagts Jenna	9	Mpls South		
21	Heather Anderson	12	Park Center		
22	Maggie Fischer	10	Armstrong		
23	Emma Dimond	9	Washburn		
24	Maranda Hanson	11	Park Center		
25	Rachael Okerlund	10	Washburn		
26	Emily Helwig	8	Rogers		
27	Ellen Hystead	12	Cooper		
28	Ella Mokamba	12	Edison		

29 Kyleen Strecker	9 Washburn
30 Ashley Schwaderer	11 Edison
31 Randa Ayoub	12 Edison
-- Bao Lee	10 Patrick Henry
-- Vashti Pearson	10 Patrick Henry

Girls 1600 Meter Run Class AA

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 Meet Record: R 5:05.40 2004 Lisa Waananen, Maple Grove
 5:04.75 QUAL

Name	Year School	Finals	Points
1 Tina Ewing	9 Osseo	5:23.50	10
2 Marie Muscala	10 Benilde-St.	5:24.16	8
3 Carly Rasmussen	8 Armstrong	5:31.27	6
4 Cassandra Egler	11 Maple Grove	5:32.16	5
5 Stephanie Sjorstro	9 Champlin Park	5:32.79	4
6 Michelle Bourssier	10 Osseo	5:36.79	3
7 Hanna Erickson	9 Park Center	5:39.26	2
8 Kelly Johnson	9 Armstrong	5:43.66	1
9 Melissa Anderson	12 Champlin Park	5:45.43	
10 Brenna Horn	9 Maple Grove	5:48.14	
11 Marie Calson	10 Armstrong	5:50.38	
12 Whitney Hines	11 Maple Grove	5:54.66	
13 Thea Terp	11 Benilde-St.	5:55.26	
14 Karyn Liebsch	11 Osseo	5:55.91	
15 Mary Thomas	9 Fridley	5:56.42	
16 Sarah Scholl	10 Champlin Park	5:56.78	
17 Hannah Wallace	9 Park Center	5:59.58	
18 Lauren Mumm	8 Rogers	5:59.61	
19 Sarah Latzke	12 Cooper	6:01.10	
20 Kerri Kight	12 Park Center	6:01.92	
21 Sara Barta	12 Cooper	6:02.62	
22 Marissa Weatherhea	11 Cooper	6:09.72	
23 Sarah Bruemmer	12 Washburn	6:10.35	
24 Emily Johnson	9 Washburn	6:11.31	
25 Suzanna Kearns	8 Benilde-St.	6:11.76	
26 Marisa Gordon	10 Mpls South	6:13.24	
27 Emma Pratt	9 Washburn	6:20.04	
28 Ballerina Marina	10 Mpls South	6:25.71	
29 Heather Johnson	9 Rogers	6:25.74	
30 Brena Kruse	10 Mpls South	6:28.25	
31 Beth Helwig	10 Rogers	6:48.92	
32 Andrea Sampson	9 Fridley	7:03.26	
33 Samantha Sang	9 Edison	7:17.10	
34 Ashley Schwaderer	11 Edison	7:17.57	
35 Kristy Murzyn	12 Edison	7:23.62	
36 Vashti Pearson	10 Patrick Henry	7:31.75	
37 Bao Lee	10 Patrick Henry	8:30.02	

Girls 3200 Meter Run Class AA

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 Meet Record: R 10:49.22 2003 Lisa Waananen, Maple Grove
 11:05.20 QUAL

Name	Year School	Finals	Points
1 Carly Rasmussen	8 Armstrong	11:43.36	10
2 Kate Reins	11 Osseo	11:45.09	8
3 Tina Ewing	9 Osseo	11:45.55	6
4 Michelle Bourssier	10 Osseo	11:52.38	5
5 Cassandra Egler	11 Maple Grove	11:54.41	4
6 Stephanie Sjorstro	9 Champlin Park	12:02.40	3
7 Marie Muscala	10 Benilde-St.	12:06.07	2
8 Sara Ehlert	8 Park Center	12:07.97	1
9 Hanna Erickson	9 Park Center	12:25.99	

10	Shaina Weatherhead	8	Cooper	12:30.26
11	Cathy Anderson	9	Maple Grove	13:03.60
12	Marissa Schuh	8	Benilde-St.	13:10.06
13	Ashley Echert	11	Champlin Park	13:11.01
14	Mary Wold	10	Maple Grove	13:16.61
15	Holly Johnson	12	Cooper	13:17.72
16	Georgia Lucas	7	Benilde-St.	13:19.00
17	Sarah Bruemmer	12	Washburn	13:24.06
18	Jill Manthey	10	Armstrong	13:28.56
19	Mary Thomas	9	Fridley	13:39.99
20	Sara Littlefield	12	Park Center	13:42.73
21	Carlson Maureen	11	Mpls South	13:55.41
22	Emily Johnson	9	Washburn	14:02.73
23	Vaughn Laura	12	Mpls South	14:03.27
24	Anne Lindfors	11	Armstrong	14:04.17
25	Fassett Mandy	10	Mpls South	14:12.21
26	Heather Wyffels	11	Champlin Park	14:25.01
27	Emily Peterson	11	Cooper	14:26.02
28	Amy Harris	10	Roosevelt	15:19.29
29	Ellen Anderson	11	Rogers	15:33.36
30	Kristy Murzyn	12	Edison	16:30.64

Girls 100 Meter Hurdles Class AA

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet Record: R 14.61 2003 Alyssa Johnson, Mpls Henry
15.46 QUAL

Name	Year School	Prelims	H#	
Preliminaries				
1	Alicia Rue	12 Armstrong	14.95QUAL	1
2	Chinaelo Okafor	12 Champlin Park	15.87Q	2
3	Aria Walker	12 Washburn	16.25Q	3
4	Brittney Dorsey	11 Park Center	16.47Q	4
5	Chiamaka Okonkwo	9 Osseo	16.42q	3
6	Johnson Tryphnea	12 Mpls South	16.58q	2
7	Shkina Halbert	12 Patrick Henry	16.74q	1
8	Amy Neubauer	11 Rogers	16.79q	2
9	Sam Bernens	10 Rogers	17.27	3
10	Jenna Rice	11 Maple Grove	17.39	1
11	Lauren Carlson	11 Fridley	17.43	4
12	Sierra Robinson	9 Osseo	17.54	4
13	Alyssa Carlson	9 Fridley	17.83	3
14	Molly Weisenburger	10 Maple Grove	17.97	1
15	Janay Henry	10 Washburn	18.57	4
16	KZ Mendoza	11 Cooper	18.74	3
17	Janani Logendran	11 Maple Grove	18.80	1
18	AnnGirls Brackin	11 Benilde-St.	19.01	3
18	Anna Ogaard	11 Osseo	19.01	2
20	Emily Darmer	12 Cooper	19.02	4
21	Laura Dickmeyer	10 Armstrong	19.31	1
22	Murphy Elaine	9 Mpls South	19.94	3
23	Simone Gross	12 Washburn	20.37	2
24	Erica Qualheim	9 Benilde-St.	20.46	2
25	Keya Smith	9 Park Center	20.84	4
26	Celia Fulco	9 Benilde-St.	21.00	2
27	Ashia Beverly	10 Park Center	22.70	1

Girls 100 Meter Hurdles Class AA

Meet Record: R 14.61 2003 Alyssa Johnson, Mpls Henry
15.46 QUAL

Name	Year School	Finals	Points
Finals			

1	Alicia Rue	12	Armstrong	14.77	QUAL	10
2	Chinaelo Okafor	12	Champlin Park	15.32	QUAL	8
3	Chiamaka Okonkwo	9	Osseo	15.62		6
4	Aria Walker	12	Washburn	15.70		5
5	Brittney Dorsey	11	Park Center	16.09		4
6	Johnson Tryphnea	12	Mpls South	16.48		3
7	Amy Neubauer	11	Rogers	16.50		2
8	Shkina Halbert	12	Patrick Henry	17.60		1

Preliminaries

9	Sam Bernens	10	Rogers
10	Jenna Rice	11	Maple Grove
11	Lauren Carlson	11	Fridley
12	Sierra Robinson	9	Osseo
13	Alyssa Carlson	9	Fridley
14	Molly Weisenburger	10	Maple Grove
15	Janay Henry	10	Washburn
16	KZ Mendoza	11	Cooper
17	Janani Logendran	11	Maple Grove
18	AnnGirls Brackin	11	Benilde-St.
18	Anna Ogaard	11	Osseo
20	Emily Darmer	12	Cooper
21	Laura Dickmeyer	10	Armstrong
22	Murphy Elaine	9	Mpls South
23	Simone Gross	12	Washburn
24	Erica Qualheim	9	Benilde-St.
25	Keya Smith	9	Park Center
26	Celia Fulco	9	Benilde-St.
27	Ashia Beverly	10	Park Center

Girls 300 Meter Hurdles Class AA

8 Advance: Top 1 Each Heat plus Next 3 Best Times

Meet Record: R 45.70 2005 Alicia Rue, Park Center
45.51 QUAL

Name	Year	School	Prelims	H#	
1	Alicia Rue	12	Armstrong	46.72Q	1
2	Janay Henry	10	Washburn	47.57Q	2
3	Shkina Halbert	12	Patrick Henry	47.93Q	5
4	Aria Walker	12	Washburn	48.48Q	3
5	Amy Neubauer	11	Rogers	49.57Q	4
6	Sam Bernens	10	Rogers	49.57q	5
7	Elizabeth Wilson	9	Armstrong	49.85q	3
8	Jenna Rice	11	Maple Grove	49.97q	2
9	Nikki Dilbert	12	Champlin Park	50.36	1
10	Breanna Hooker	8	Park Center	50.57	2
11	Lauren Carlson	11	Fridley	51.95	5
12	Sierra Robinson	9	Osseo	52.25	1
13	Chiamaka Okonkwo	9	Osseo	52.45	4
14	Rachel Riley	10	Armstrong	52.53	4
15	Elia Pfaff	12	Benilde-St.	52.70	3
16	Alyssa Carlson	9	Fridley	52.74	5
17	Bridget Hines	11	Maple Grove	53.59	2
18	Megan Genosky	12	Columbia Hei	53.96	2
19	Jenna Sawyer	9	Champlin Park	54.67	4
20	Chelsia Hooker	11	Park Center	55.14	5
21	Hanna Greimel	10	Maple Grove	55.34	1
22	Simone Gross	12	Washburn	55.40	4
23	Sammie Schultz	10	Columbia Hei	56.13	5
24	Thea Terp	11	Benilde-St.	56.21	3
24	Celia Fulco	9	Benilde-St.	56.21	4
26	Anna Ogaard	11	Osseo	56.71	3
27	Emily Darmer	12	Cooper	57.33	2
28	Murphy Elaine	9	Mpls South	58.29	3
29	KZ Mendoza	11	Cooper	58.53	1

30 Ashia Beverly

10 Park Center

61.39

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Girls 300 Meter Hurdles Class AA

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 Meet Record: R 45.70 2005 Alicia Rue, Park Center
 45.51 QUAL

Name	Year	School	Finals	Points
=====				
Finals				
1	Alicia Rue	12 Armstrong	45.68R	10
2	Aria Walker	12 Washburn	46.30	8
3	Janay Henry	10 Washburn	47.47	6
4	Shkina Halbert	12 Patrick Henry	47.95	5
5	Amy Neubauer	11 Rogers	48.42	4
6	Jenna Rice	11 Maple Grove	48.48	3
7	Sam Bernens	10 Rogers	48.68	2
8	Elizabeth Wilson	9 Armstrong	49.88	1

Preliminaries

9	Nikki Dilbert	12 Champlin Park
10	Breanna Hooker	8 Park Center
11	Lauren Carlson	11 Fridley
12	Sierra Robinson	9 Osseo
13	Chiamaka Okonkwo	9 Osseo
14	Rachel Riley	10 Armstrong
15	Elia Pfaff	12 Benilde-St.
16	Alyssa Carlson	9 Fridley
17	Bridget Hines	11 Maple Grove
18	Megan Genosky	12 Columbia Hei
19	Jenna Sawyer	9 Champlin Park
20	Chelsia Hooker	11 Park Center
21	Hanna Greimel	10 Maple Grove
22	Simone Gross	12 Washburn
23	Sammie Schultz	10 Columbia Hei
24	Thea Terp	11 Benilde-St.
24	Celia Fulco	9 Benilde-St.
26	Anna Ogaard	11 Osseo
27	Emily Darmer	12 Cooper
28	Murphy Elaine	9 Mpls South
29	KZ Mendoza	11 Cooper
30	Ashia Beverly	10 Park Center

Girls 4x100 Meter Relay Class AA

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 8 Advance: Top 3 Each Heat plus Next 2 Best Times

Meet Record: R 48.15 2004 Mpls Washburn
 49.91 QUAL

School	Prelims	H#
=====		
1 Maple Grove 'A'	50.04Q	2
2 Robbinsdale Armstrong 'A'	50.42Q	1
3 Osseo 'A'	50.69Q	2
4 Mpls Washburn 'A'	51.02Q	1
5 Mpls South 'A'	53.90Q	1
6 Fridley 'A'	54.39Q	2
7 Benilde-St. Margaret's 'A'	54.99q	2
8 Champlin Park 'A'	56.01q	1
9 Rogers 'A'	57.25	2
10 Park Center 'A'	57.46	1
11 Robbinsdale Cooper 'A'	58.24	2

Girls 4x100 Meter Relay Class AA

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 Meet Record: R 48.15 2004 Mpls Washburn
 49.91 QUAL

School	Finals	Points
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Finals

1 Maple Grove 'A'	49.30 QUAL	10
1) Alyssa Schulz 11	2) Rachel Nerison 10	
3) Anna Mbali 10	4) Carissa Dee 11	
2 Robbinsdale Armstrong 'A'	49.49 QUAL	8
1) Whitney Holman 12	2) Malia Rasmussen 12	
3) Sara Inghutt 12	4) Linnea Johnson 11	
3 Osseo 'A'	49.79 QUAL	6
1) Chiamaka Okonkwo 9	2) Jenna Ewing 11	
3) Melissa Henderson 11	4) Brianna Olson 10	
4 Mpls Washburn 'A'	50.39	5
5 Champlin Park 'A'	51.09	4
6 Mpls South 'A'	53.18	3
7 Fridley 'A'	53.38	2
8 Benilde-St. Margaret's 'A'	53.39	1

Preliminaries

9 Rogers 'A'
10 Park Center 'A'
11 Robbinsdale Cooper 'A'

Girls 4x200 Meter Relay Class AA

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8 Advance: Top 3 Each Heat plus Next 2 Best Times

Meet Record: R 1:40.76 2004 Mpls Washburn
 1:44.96 QUAL

School	Prelims	H#
1 Robbinsdale Armstrong 'A'	1:44.60QUAL	1
2 Champlin Park 'A'	1:47.60Q	2
3 Benilde-St. Margaret's 'A'	1:49.28Q	1
4 Park Center 'A'	1:51.79Q	2
5 Maple Grove 'A'	1:50.29Q	1
6 Robbinsdale Cooper 'A'	1:53.93Q	2
7 Mpls Washburn 'A'	1:53.81q	1
8 Fridley 'A'	1:55.09q	2
9 Mpls Edison 'A'	1:57.08	1
10 Rogers 'A'	2:01.57	1
-- Mpls South 'A'	DNF	1
-- Osseo 'A'	DQ.00 QUAL	2

Girls 4x200 Meter Relay Class AA

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Meet Record: R 1:40.76 2004 Mpls Washburn
 1:44.96 QUAL

School	Finals	Points
1 Robbinsdale Armstrong 'A'	1:43.44 QUAL	10
1) Whitney Holman 12	2) Malia Rasmussen 12	
3) Sara Inghutt 12	4) Linnea Johnson 11	
2 Champlin Park 'A'	1:46.11	8
3 Benilde-St. Margaret's 'A'	1:48.52	6
4 Park Center 'A'	1:49.09	5
5 Maple Grove 'A'	1:49.24	4
6 Robbinsdale Cooper 'A'	1:52.16	3
7 Mpls Washburn 'A'	1:53.82	2
8 Fridley 'A'	1:54.86	1

Preliminaries

9 Mpls Edison 'A'
10 Rogers 'A'
-- Mpls South 'A'
-- Osseo 'A'

Girls 4x400 Meter Relay Class AA

Meet Record: R 4:02.20 1979		Mpls Washburn	
3:59.75 QUAL			
School		Finals	H# Points
1 Maple Grove 'A'		4:04.55	2 10
1) Abby Isaacson 9		2) Rachel Nerison 10	
3) Annslie Rustad 10		4) Stephanie Salem 11	
2 Robbinsdale Armstrong 'A'		4:08.85	1 8
3 Benilde-St. Margaret's 'A'		4:09.07	2 6
4 Park Center 'A'		4:12.20	2 5
5 Champlin Park 'A'		4:15.02	2 4
6 Rogers 'A'		4:16.57	2 3
7 Osseo 'A'		4:19.36	2 2
8 Robbinsdale Cooper 'A'		4:19.75	1 1
9 Mpls Washburn 'A'		4:19.94	2
10 Mpls South 'A'		4:34.00	1
11 Fridley 'A'		4:35.77	1

Girls 4x800 Meter Relay Class AA

Meet Record: R 9:39.53 2001		Osseo	
9:27.99 QUAL			
School		Finals	Points
1 Maple Grove 'A'		9:51.22	10
1) Kate Wold 12		2) Kayle Zukowski 11	
3) Whitney Hines 11		4) Rachel Biederman 9	
2 Osseo 'A'		9:53.80	8
3 Robbinsdale Armstrong 'A'		10:03.12	6
4 Robbinsdale Cooper 'A'		10:27.96	5
5 Champlin Park 'A'		10:37.11	4
6 Park Center 'A'		10:52.40	3
7 Mpls South 'A'		11:02.29	2
8 Rogers 'A'		11:04.06	1
9 Benilde-St. Margaret's 'A'		11:09.02	
10 Mpls Washburn 'A'		11:23.68	

Girls High Jump Class AA

Meet Record: R 5-09 1996		Gina Curtis, Park Center	
5-04.00 QUAL			
Name	Year School	Finals	Points
1 Chinaelo Okafor	12 Champlin Park	5-02.00	10
2 Elizabeth Wilson	9 Armstrong	J5-02.00	8
3 Brittney Simmons	12 Park Center	4-11.00	6
4 Maura Jackson	10 Armstrong	J4-11.00	5
5 Ally Lister	10 Osseo	4-10.00	3.5
5 Jenna Sawyer	9 Champlin Park	4-10.00	3.5
7 Sammie Schultz	10 Columbia Hei	4-08.00	2
8 Rachel Harding	11 Armstrong	J4-08.00	.333333
8 Heather Brunn	10 Rogers	J4-08.00	.333333
8 Abby Isaacson	9 Maple Grove	J4-08.00	.333333
9 Sara Barta	12 Cooper	J4-08.00	
9 Taylor Stolquist	10 Maple Grove	J4-08.00	
9 Jennifer Negberi	10 Park Center	J4-08.00	
9 Brook Harris	11 Park Center	J4-08.00	
9 Ella Mokamba	12 Edison	J4-08.00	
16 Janay Henry	10 Washburn	4-06.00	
16 Myah Walker	12 Cooper	4-06.00	
-- Dani Lee	9 Rogers	NH	
-- Lexi Grover	8 Fridley	NH	
-- Rachel Rafflesberge	9 Fridley	NH	
-- Faisa Hussein	10 Columbia Hei	NH	

-- Bethany Burkman	10	Maple Grove	NH
-- Katherine Poley	11	Benilde-St.	NH
-- Ellie Hawkinson	11	Benilde-St.	NH
-- Natalie Hodges	11	Patrick Henry	NH
-- Clare Slavin	12	Cooper	NH
-- Kendra Robinson	12	Edison	NH
-- Katie Meidtke	8	Osseo	NH

Girls Pole Vault Class AA

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Meet Record: R 12-09 2005		Alicia Rue, Armstrong		
10-08.00		QUAL		
Name	Year	School	Finals	Points
=====				
1	Alicia Rue	12	Armstrong	12-10.00QUAL 10
2	Angie Oestreich	12	Fridley	9-02.00 8
3	Jessica Norman	12	Maple Grove	J9-02.00 6
4	Anna Broadrick	10	Champlin Park	8-08.00 5
5	Ashley VanVleet	10	Rogers	8-02.00 4
6	Carrie Spillers	12	Maple Grove	J8-02.00 3
7	Chelsie Olson	12	Champlin Park	7-08.00 1.5
7	Brittney Simmons	12	Park Center	7-08.00 1.5
9	Emily Svennson	10	Armstrong	J7-08.00
9	Beth Blankenhein	12	Maple Grove	J7-08.00
9	Jordan Thurson	9	Armstrong	J7-08.00
12	Ellie Biglow	12	Benilde-St.	J7-08.00
13	Kate Hanson	10	Park Center	7-02.00
14	Tina Bailey	11	Champlin Park	J7-02.00
14	Sarah Penn	12	Fridley	J7-02.00
--	Jenna Nelson	10	Benilde-St.	NH
--	Arrianna Zirbes	10	Park Center	NH

Girls Long Jump Class AA

=====				
Meet Record: R 18-05.50 1996		Gina Curtis, Park Center		
17-01.00		QUAL		
Name	Year	School	Finals	Points
=====				
1	Kelsey Conrad	12	Cooper	17-01.50 QUAL 10
2	Erica Rhodes	12	Edison	17-01.25 QUAL 8
3	Faison Olivia	9	Mpls South	15-04.50 6
4	Kristine Nachbor	10	Armstrong	15-03.75 5
5	Maura Jackson	10	Armstrong	15-02.50 4
6	Mary Hass	10	Maple Grove	15-02.00 3
7	Jennie Sunnarborg	10	Osseo	15-00.50 2
8	Cassie Breitenfeld	11	Fridley	15-00.25 1
9	Brittney Dorsey	11	Park Center	14-11.50
10	Jenna Rice	11	Maple Grove	14-08.75
11	Jengeih Tamba	10	Park Center	14-07.25
12	Marika Paumen	8	Rogers	14-07.00
13	Betsi Jacobson	11	Benilde-St.	14-05.25
14	Amy Pheneger	11	Champlin Park	14-05.00
15	Brook Harris	11	Park Center	14-01.50
16	Myah Walker	12	Cooper	13-08.75
17	Keeri Tramm	8	Osseo	13-06.50
18	Sammie Schultz	10	Columbia Hei	13-06.25
19	Lexi Grover	8	Fridley	13-04.75
20	Katherine Poley	11	Benilde-St.	13-02.75
21	Laura Dickmeyer	10	Armstrong	13-02.50
22	Ally Lister	10	Osseo	13-00.75
23	Colleen Ruane	10	Benilde-St.	13-00.00
24	Angela Ling	9	Champlin Park	12-10.75
25	Faisa Hussein	10	Columbia Hei	12-09.00
26	DeVictoria Carey	10	Mpls South	12-06.75
27	Molly Weisenburger	10	Maple Grove	12-03.50

-- Janessa Lewis 12 Washburn ND
 -- Courtney Devick 10 Rogers ND

Girls Triple Jump Class AA

Meet Record: R 37-07.50 2002 Kou Luogon, Park Center				
36-02.00 QUAL				
Name	Year	School	Finals	Points
1	Brittney Dorsey	11 Park Center	34-10.25	10
2	Nikki Dilbert	12 Champlin Park	34-05.75	8
3	Elizabeth Wilson	9 Armstrong	34-01.75	6
4	Myah Walker	12 Cooper	33-08.00	5
5	Melissa Henderson	11 Osseo	33-05.00	4
6	Jenna Rice	11 Maple Grove	33-02.25	3
7	Jennie Sunnarborg	10 Osseo	33-00.25	2
8	Maura Jackson	10 Armstrong	32-11.25	1
9	Brook Harris	11 Park Center	32-04.00	
10	Cassie Ealy	12 Maple Grove	32-03.50	
11	Courtney McMoore	10 Washburn	32-02.25	
12	Betsi Jacobson	11 Benilde-St.	32-01.25	
13	Lauren Carlson	11 Fridley	31-04.25	
14	Amy Neubauer	11 Rogers	31-02.25	
15	Trisha Truchinski	10 Fridley	30-06.75	
16	Katherine Poley	11 Benilde-St.	30-03.25	
17	Megan Genosky	12 Columbia Hei	30-02.75	
18	Stephanie Volk	10 Champlin Park	29-09.00	
19	Rachel Riley	10 Armstrong	29-08.00	
20	Faisa Hussein	10 Columbia Hei	29-05.50	
21	Jenna Freichels	9 Fridley	28-10.50	
22	Kelsi Johnson	12 Cooper	28-08.00	
23	Janay Henry	10 Washburn	28-03.25	
24	Sara Barta	12 Cooper	28-01.50	
25	Keeri Tramm	8 Osseo	27-05.50	
26	Elaine Opusangu	11 Park Center	26-00.50	
--	Susan Kenzie	10 Benilde-St.	ND	
--	DeVictoria Carey	10 Mpls South	ND	

Girls Shot Put Class AA

Meet Record: R 41-10 1995 Rachel Verdell; Vicki Willis, M North; Park				
40-00.00 QUAL				
Name	Year	School	Finals	Points
1	Elizabeth Olson	12 Armstrong	35-08.00	10
2	Chaunte Ford	11 Osseo	35-01.25	8
3	Marreya Bailey	12 Maple Grove	34-11.00	6
4	Christina Perault-	12 Patrick Henry	34-07.00	5
5	Melissa Nelson	10 Maple Grove	32-10.00	4
6	Emily Ford	8 Osseo	31-11.50	3
7	Katherine Burton	10 Benilde-St.	31-08.00	2
8	Lorna Grauvilardel	12 Patrick Henry	31-07.25	1
9	Shannon Riggle	10 Osseo	31-03.50	
10	Anna Viehman	12 Benilde-St.	31-01.50	
11	Kristin Freichels	12 Fridley	31-01.25	
12	Melissa Anderson	12 Champlin Park	31-00.50	
13	Lisa Ferber	12 Columbia Hei	30-06.50	
14	Amanda LaChance	12 Champlin Park	30-05.25	
15	Elaine Opusunga	11 Park Center	30-03.25	
16	Sara Surbrook	11 Columbia Hei	30-02.00	
17	Tracey Camarillo	11 Fridley	30-01.00	
18	Alisa Ly	12 Maple Grove	29-10.75	
18	Megan Endreson	11 Park Center	29-10.75	
20	Sarah Lemke	11 Armstrong	29-09.50	
21	Jessica Gearou	10 Rogers	29-04.75	

22 Amy Tasky	12 Champlin Park	29-02.50
23 Charnai Oliver	12 Armstrong	29-00.25
24 Chelsea Bayer	11 Rogers	28-07.00
25 Heather Grambow	9 Fridley	27-06.75
26 Blaire Beneke	10 Cooper	26-07.00
27 Ashley Fisher	10 Park Center	26-06.50
28 Liz Shay	10 Washburn	26-00.50
29 Watkus Alicia	11 Mpls South	25-11.25
30 Desiree Brown	9 Benilde-St.	25-10.50
31 Kendall Ariel	11 Mpls South	24-11.75
32 BilliJo Dufour	10 Edison	24-09.50
33 Kelsey Mans	12 Cooper	24-09.00
34 Alyssa Tucker	12 Cooper	24-05.00
35 Denyqua Rodriguez	12 Washburn	24-03.00
36 Jill Haffner	11 Columbia Hei	23-09.75
37 Asha Baker	12 Mpls North	22-02.50
38 Demetria Pudil-Kel	12 Patrick Henry	21-05.00
39 Natalie Super	10 Edison	21-01.00
40 Rachael Okerlund	10 Washburn	20-09.00
41 Latrice Dalton	11 Edison	18-10.50

Girls Discus Throw Class AA

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 Meet Record: R 143-05 2004 Lillian Painter, Cooper
 124-03 QUAL

Name	Year School	Finals	Points
1 Chaunte Ford	11 Osseo	112-05.00	10
2 Lorna Grauvilardel	12 Patrick Henry	108-04.00	8
3 Sarah Lemke	11 Armstrong	105-06.00	6
4 Eliese Hansberry	12 Benilde-St.	101-01.00	5
5 Kristin Loobeek	9 Armstrong	100-11.00	4
6 Alisan Johnston	11 Champlin Park	97-08.00	3
7 Christina Perault-	12 Patrick Henry	94-07.00	2
8 Anna Viehman	12 Benilde-St.	94-06.00	1
9 Amy Tasky	12 Champlin Park	92-07.00	
10 Sara Surbrook	11 Columbia Hei	92-06.00	
11 Jessica Gearou	10 Rogers	92-00.00	
12 Blaire Beneke	10 Cooper	91-09.00	
13 Amanda LaChance	12 Champlin Park	90-03.00	
14 Kendall Jessica	11 Mpls South	90-01.00	
15 Megan Endreson	11 Park Center	89-05.00	
16 Chelsea Bayer	11 Rogers	88-10.00	
17 Ashley Fisher	10 Park Center	88-09.00	
18 Kelsey Mans	12 Cooper	87-04.00	
19 Maya Kieth	10 Park Center	84-06.00	
20 Kristin Freichels	12 Fridley	84-04.00	
21 Burton Katherine	10 Benilde-St.	81-05.00	
22 Melissa Nelson	10 Maple Grove	81-01.00	
23 Emily Ford	8 Osseo	80-03.00	
24 Marlene Moxness	12 Maple Grove	79-09.00	
25 Denyqua Rodriguez	12 Washburn	77-01.00	
26 Jill Haffner	11 Columbia Hei	76-00.00	
27 Alyssa Tucker	12 Cooper	75-05.00	
28 Laura Crow	10 Osseo	74-10.00	
29 Lisa Ferber	12 Columbia Hei	72-01.00	
30 BilliJo Dufour	10 Edison	71-08.00	
31 Natalie Super	10 Edison	70-02.00	
32 Beth Miller	12 Roosevelt	68-06.00	
33 Kendall Ariel	11 Mpls South	66-07.00	
34 Emma Pratt	9 Washburn	65-10.00	
35 Tracey Camarillo	11 Fridley	64-09.00	
36 Sally Bohlinger	11 Fridley	64-06.00	
37 Natalie Hodges	11 Patrick Henry	60-07.00	
38 Jazzalyn Baker	9 Mpls North	59-10.00	

39 Rachael Okerlund	10 Washburn	54-07.00
40 Watkus Alicia	11 Mpls South	54-04.00
41 Kerry Hastings	10 Roosevelt	53-00.00
42 Violet Rose	11 Mpls North	52-04.00
-- Alisa Ly	12 Maple Grove	ND
-- Chelsey Calder	10 Armstrong	ND

Women - Class AA - Team Rankings - 18 Events Scored

1) Robbinsdale Armstrong	140.33	2) Maple Grove	113.33
3) Osseo	98.50	4) Champlin Park	66
5) Robbinsdale Cooper	59	6) Park Center	44.50
7) Benilde-St. Margaret's	42	8) MPLS Edison	27
9) Rogers	26.33	10) Mpls Washburn	26
11) Mpls Patrick Henry	22	12) Fridley	20
13) Mpls South	14	14) Columbia Heights	2